



NYU Vascular and Endovascular Surgery

A DAY IN THE LIFE OF A VASCULAR SURGEON

March 25, 2021



Disclosures

- None

About me

- Today is my birthday (and I'm here with all of you)
- University of Michigan undergrad and medical school
- Residency Beth Israel Medical Center, NYC (now Mount Sinai Beth Israel)
- Fellowship University of South Florida, Tampa
- Lenox Hill Hospital, associate PD vascular surgery integrated program
- NYU School of Medicine and NYC HHC Bellevue Hospital
- Chief of division of vascular surgery, Bellevue Hospital



Typical Week

Monday – Vein cases am, clinic pm

Tuesday – OR day

Wednesday – OR day

Thursday – clinic am, academic time/meetings pm

Friday – OR day



Typical Morning

- 7 am conference
- 7:30 see patient in holding, roll patient to OR, have conference on Zoom
- 7:45 Patient in room
- 8:15 Residents join from conference, run list
- 8:30 Skin incision – start case
- 10:00 Finish case, walk rounds
- 10:30 Read vascular lab
- 11:00 Second case start



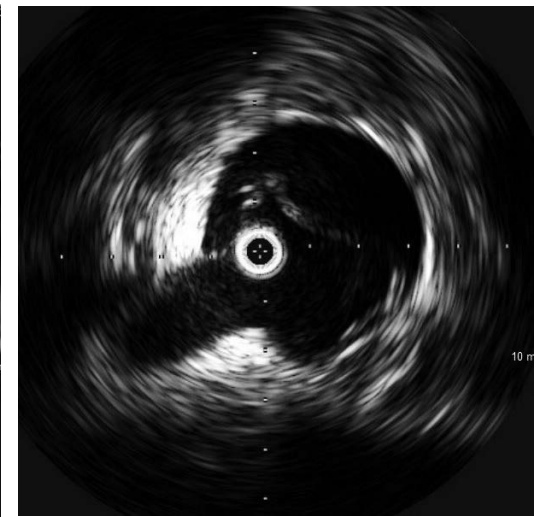
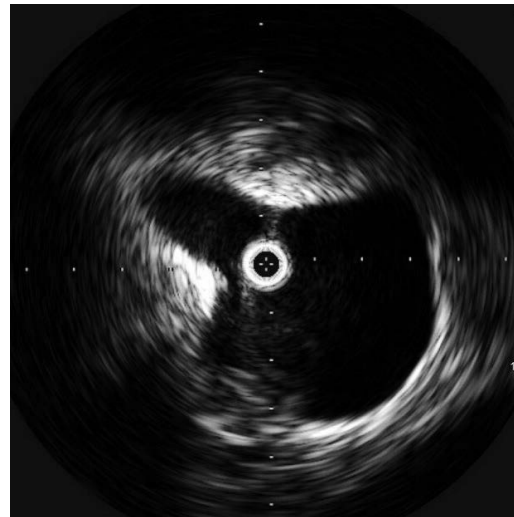
Typical Afternoon

- 13:00 Finish second case
- 13:15 Grab lunch, read vascular lab
- 14:00 – 16:00 – Notes and coordinating care for patients, see consults, sometimes 3rd case
- 16:00 Chiefs meeting
- 17:00 Read vascular lab
- 17:30 Hopefully start for home
- 18:00 Feed daughter dinner, bath
- 19:00 Another meeting



Case Mix

- AV fistulas
- Endovascular revascularizations
- Open revascularizations
- Trauma – revascularizations, control bleeding, dissections, transections
- AAA repair
- TAA repair
- CEAs
- RFA veins
- Venous thrombectomy/Stenting
- Amputations



Other weekly goals

- Mentoring
- Research
- Teaching
- Case Planning



Outside of the hospital

- Condo Williamsburg, Brooklyn
- Commute via car
- Married
- One Child
- Dog
- Travel
- Run, spin
- Explore

